



Mar/Apr 2021

theBookmark

Check our website or call us for open hours & holiday closures.

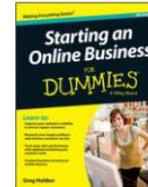
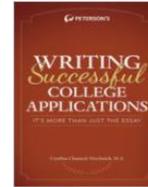
Virtual library open 24/7/365.

The library—your road to success

Explore our Gale databases for resources to help you achieve your goals.

Whether you're looking to advance your career, transition into a new field, become more employable, or are preparing for college our Gale database has over 60 e-books to help you achieve your goals. Search popular titles in the business, education and technology categories to find e-books about job interviewing, job search, networking and resume building; practice exams (e.g., Civil Service, GRE, SAT, etc.); career exploration; college admissions and financial aid; or starting your own business. Visit our quick links for additional

resources or to learn about upcoming *Let's Get to Work* job skills workshops being offered by the Upper Hudson Library System.



Gale database: https://www.galepages.com/nysl_ca_egrnc/ebooks
Library quick links: <https://eglibrary.org/popular-subjects/ee/>

Grow your own microgreens

Harvest nutrient-dense greens at home in less than 10 days.



Image provided by Canva.com

Microgreens have gained popularity in the last few years for their unique flavor in culinary dishes and of course they make great salads. Recently, these "baby plants" have become the trendy, must-have

produce to buy at farmers' markets and grocery stores. Microgreens are also sought after as a nutrient-dense source of essential vitamins, minerals and antioxidants. As an added perk, they're quick and easy to grow so you'll never run out!

To grow your own microgreens, repurpose containers such as egg cartons, jars, or plastic containers to use for planting. You'll need to purchase potting soil and seeds in the variety of desired microgreens; both are available at local garden centers. Any vegetable, herb or edible flower seeds are appropriate to use. Next, follow these steps to plant your tiny garden.

1. Make holes in container; use a tray (or container lid) for drainage.
2. Fill with soil and moisten with water.
3. Plant seeds (single layer, avoid touching)
4. Cover seeds lightly with soil and moisten with water.
5. Add light (e.g., windowsill); 14-16 hours, optimal 60°-70°.

6. Mist with water daily; keep soil moist.
7. Harvest when sprouts are 1-2" tall and have two sets of leaves; 7-10 days.

Are you loving your microgreens? We recommend reading **Year-Round Indoor Salad Gardening** by Peter Burke for an easy-to-follow guide to growing an endless supply of greens plus recipes. A copy of this e-book is available for download on Libby/OverDrive at <https://uhls.overdrive.com/media/2362028>.

For more gardening resources and culinary inspiration, search our e-magazine collection for popular titles, such as *Kitchen Garden*, *Eat Well* and *Garden Gate*.

You have access to **OVER 3,000 e-magazines!**



Resource Link: <https://uhls.overdrive.com/collection/1037412>



The Greenbush Garden Club is Seeking Volunteers! to assist in maintaining the gardens at the East Greenbush Community Library. If you're interested, please email Linda Plue at laplue@aol.com. Find us on

Facebook at Greenbush Garden Club for interesting articles and information about gardening.

Cooking with Felisha

Virtual hands-on cooking classes inspire and engage chefs of all ages.

The community has been busy cooking with us this past fall and early winter. In October 2020, we partnered with Felisha Chandler from the Cornell Cooperative Extension (CCE) of Rensselaer County to offer the first in a series of Virtual Hands-On Cooking Classes for adults and families. Felisha brings a wealth of knowledge and



Brothers attend the Virtual Hands-On Cooking Class from their own kitchen.

experience to the program. In addition to having degrees in Culinary Arts and Hotel and Restaurant Management, she has experience running her own catering business, *Felisha's Feast Catering*, and recently received certificates from

eCornell in Wellness Counseling and Nutrition and Healthy Living. She also educates the community about nutrition through CCE's free *Expanded Food & Nutrition Education Program (EFNEP)*. For more information about EFNEP, email Felisha at fc54@cornell.edu.

The theme for the first class was "Thanksgiving Leftovers." To prepare for class, students were provided with a list of ingredients and instructions prior to class. On the night of the event, students attended class (via Zoom) from their own kitchens to reinvent Thanksgiving leftovers into a new creative dish. Felisha engaged her students with her culinary flare and inspired chefs of all ages and skill levels. Subsequent classes included making healthy holiday treats and heart-healthy meals. Here's what one couple had to say about their experience.

"Thanks to you and the EG Library for offering this program. My husband and I enjoyed cooking with the group last evening. We look forward to similar classes and other great offerings by the library. We appreciate the virtual options you are all working hard to provide." – Becky & Pat



Image provided by LibraryAwarre.com

Felisha makes cooking fun and easy, so why not try something new? This class makes for a great date night, a fun activity for families or with friends. Be sure to check out our event calendar at eglibrary.org for upcoming classes.



Felisha's motto is "Food is the variety of life!" Check out her bio using the link below.

Felisha Chandler
Nutrition Program Educator
Cornell Cooperative Ext. of RENSICO
fc54@cornell.edu

Bio Link: <https://www.mediasanctuary.org/peoplepower/felisha-chandler/>



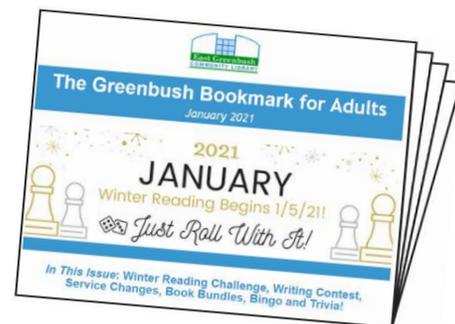
Library staff share our favorite cookbooks. Enjoy!



Read 'Em & Eat

Staff tested and approved list of cookbooks.

Are you looking for new recipes to expand your repertoire of meals? Check out the November 3rd issue of *The Greenbush Bookmark for Adults* for the staff picks cookbook edition entitled *Read 'Em & Eat*. For a list of previous e-news go to <https://eglibrary.org/newsletter/> and navigate to the section titled *The Greenbush Bookmark for Adults* or subscribe to receive monthly programming news, book picks and exclusive content.



Don't miss the March issue!
Subscribe today at
<https://eglibrary.org/newsletter/>

LITerally the best challenge ever!

The 2021 Winter Reading Challenge was a hit with hundreds of participants.

From newbies to loyal fans, the 2021 Winter Reading Challenge engaged and entertained community members of all ages. With its laid-back theme, "Fun & Games - Just Roll With It," the challenge activities facilitated participants' discovery of new books, authors, and library services. Opportunities to connect with the community involved reading a staff or patron pick, writing a book review and sharing experiences about the activities. Non-traditional challenges entailed watching a theme-related film, taking a walk or trying a new craft or hobby.

The icing on the cake? Each completed activity earned participants a raffle ticket for a chance to win fabulous prizes such as the grand prize pictured here, plus gift cards to Applebee's, Best Buy, HomeGoods, and Ulta Beauty. There's still time to participate! The Challenge closes on March 5th.



Grand prize for adults

Ask-a-Tech

Have questions? The library has the answers!

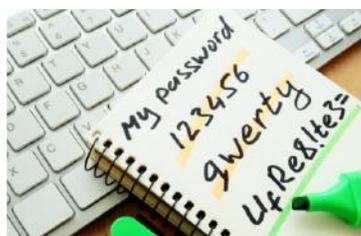


Image provided by Canva.com

How do I make my passwords unhackable?

Getting hacked can happen to anyone, techies included! We get it, passwords are a pain...every website requires one, they're impossible to

manage so you write them down, and when you have a memorable one that sticks you use it everywhere. Protect your accounts by resisting these common password pitfalls. Follow these simple conventions to minimize your risk.

1. Use a different password for every account
2. Make passwords strong
3. Change passwords often
4. Store them securely using a password management tool

For best practices on how to implement these security measures, read the *Tech-Talk* article entitled, *Rethinking Your Password*. The web address to this free article is below. Log in using **eglibrary** as both the username and password.

Article link: <https://bit.ly/3qXTnyX>



Tech-Talk
Tech-Talk.com

Gain a competitive edge in the job market! with free access to technology training for non-techies and communications skills expertise. Sign up for their newsletter at <https://bit.ly/egtechtalk> to get tips delivered to your inbox.



From the Friends

The Friends meet at 6:30 pm on the third Tuesday of the months of February, April, June, September and November, remotely for the near future. New members are encouraged to attend virtually and meet us to join this important community group.

Here's how you can help us support the library:

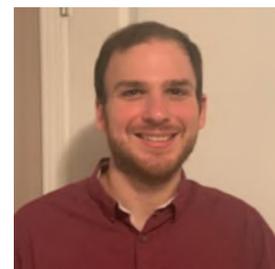
- Renew your annual membership or become a Friends member at <https://eglibrary.org/friends/>.
- Designate us as your charity on Amazon Smile for purchases at <https://smile.amazon.com/>.
- Get "involved," send us your fundraising ideas.
- Follow the Friends' Instagram account for more updates.
- Shop at the ongoing book sale at the library. It offers a variety of books and media. The stock is continually refreshed.

Thank you for your patience as we continue the pause of book donations. We hope to have plans on accepting donations finalized in the near future. Stay tuned!

Please contact me with your ideas or questions at 518-650-8321 or foegcl@gmail.com.

Be well and stay positive!

Charlie Pensabene
President of the Friends





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10 Community Way, East Greenbush, NY 12061

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Virtual Programs & Events

Join our programs virtually—live, on-demand and grab & go curbside.

*Registration required; residency restrictions may apply.
For program details or to register go to <https://events.eglibrary.org>.

for kids

- Virtual Storytime* | Tuesdays, 10 am
- Take & Make Kids Crafts | Weekly (limited supply)
- Crafts with Miss Ariana | eglibrary.org/children/crafts
- Book Bundles | eglibrary.org/children/book-bundles
- Charlie's Blog | eglibrarykids.wordpress.com



Service News

Tax Services



We are not able to offer TaxAide this year. Visit http://bit.ly/EGtax_locate to find alternate services. Tax forms are in stock at the library. For more tax information go to eglibrary.org/popular-subjects/taxes/.

More Wi-Fi



Park and start surfing! In addition to offering patrons free Wi-Fi service in the library and on the outdoor patio, access will soon be available from virtually any spot in our parking lot. Visit our website for updates on availability.

what's new?



@ eglibrary.org

Upcoming deadlines:

Winter Reading Challenge ends 3/5
Pen to Pandemic Short Story due 3/15

for adults

- Monday Night Book Chat | Mondays, 7p on Facebook
- Adult Craft Grab & Go* | Monthly
- Women's History Month: Eleanor Roosevelt* | March 4, 6:30p
- Gentle Yoga with Lisa Borrello* (series of 6 classes)
April 6, 13, 20, 27, May 4 & 11 | 9a
- Hands-On Virtual Cooking Class with Felisha from CCE*
March 11 & April 8 | 6:30p
- Virtual Book Discussion* | March 15 & April 19 | 7p
- Women's History Month: Edmonia Lewis: First Professional African/American Sculptor* | March 25, 7p
- Trivia Night* | March 17 & April 14 | 7p
- Beer Making in Rensselaer County* | April 22, 7p

Ancestry @ Home



For a limited time, home access to Ancestry will be available to East Greenbush and Schodack residents at <https://eglibrary.org/ancestry-login/>. For more genealogy resources visit us at <https://eglibrary.org/popular-subjects/genealogy/>.