



# At Home

Coping with the effects of  
COVID in your life and  
family.

# Source: “At Home,” The New York Times

- Since virtually the start of the COVID pandemic, The New York Times has dedicated an entire section of the Sunday paper to articles meant to help people cope with the myriad effects of this tragedy. Areas include:
- **CUTLURE, FAMILY, FOOD, HEALTH, FINANCES, WORK FROM HOME and RELATIONSHIPS.**

***(For some listings without an address: Right click and choose Open Link to get to article.)***





## Culture:

[New York City in Virtual Walks - The New York Times \(nytimes.com\)](#)

[The New York Times - Search \(nytimes.com\)](#)

[Virtual Historic Home Tours - The New York Times \(nytimes.com\)](#)

[Erasure Poetry At Home - The New York Times \(nytimes.com\)](#)

# Culture cont.

- [Old-Time Radio: 6 Shows to Listen To - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/01/08/arts/radio/old-time-radio.html)
- [How to Stream This Year's Oscar Hopefuls - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/01/08/arts/oscar-hopefuls.html)
- [Ways to Enjoy Theater Virtually - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/01/08/arts/theater/virtual-theater.html)
- [The New York Times - Search \(nytimes.com\)](https://www.nytimes.com/search)





## ***FAMILY***

[The Psychology Behind Sibling Rivalry - The New York Times \(nytimes.com\)](#)

[Is the News Too Scary for Kids? - The New York Times \(nytimes.com\)](#)

[Zoom Funeral Tips - The New York Times \(nytimes.com\)](#)



## Family cont.

<https://www.nytimes.com/2021/01/15/parenting/childrens-weight-gain-covid-pandemic.html?searchResultPosition=1>

<https://www.nytimes.com/2021/02/06/at-home/exercise-outdoors-cold-weather.html?searchResultPosition=1>

[The Best Music Podcasts for Kids - The New York Times \(nytimes.com\)](https://www.nytimes.com/2021/02/06/at-home/exercise-outdoors-cold-weather.html?searchResultPosition=1)

# FOOD

- [Eating Outside During the Pandemic - The New York Times \(nytimes.com\)](https://www.nytimes.com/2021/01/23/at-home/easy-soup-recipes.html?searchResultPosition=1)
- <https://www.nytimes.com/2021/01/23/at-home/easy-soup-recipes.html?searchResultPosition=1>
- [5 Ways Teens Can Get More Fruits and Vegetables Into Their Diets - The New York Times \(nytimes.com\)](https://www.nytimes.com/2021/01/23/at-home/easy-soup-recipes.html?searchResultPosition=1)



# Food cont.



- [Boozy Hot Chocolate - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [How to Support Independent Restaurants - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Make Your Own Tomato Sauce - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Are You Eligible for Food Stamps Now? Maybe, but It's Complex - The New York Times \(nytimes.com\)](https://www.nytimes.com)



# Health



- [The Standing 7-Minute Workout - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Dr. Sanjay Gupta's 8 Tips for Preventing Memory Loss and Maintaining Brain Health \(parade.com\)](https://www.parade.com)
- [What You Can Do Post-Vaccine, and When - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [As an Intense Winter Unfolds, Some Lessons From Herbalists - The New York Times \(nytimes.com\)](https://www.nytimes.com)

# Health cont.

- [New Year, Same Quarantine - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [How to Recognize and Address Seasonal Depression - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Covid Vaccines for Kids Are Coming, but Not for Many Months - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Mental Health Providers Struggle to Meet Pandemic Demand - The New York Times \(nytimes.com\)](https://www.nytimes.com)





# Finances

[How To Spend in 2021 - The New York Times \(nytimes.com\)](#)

[How To Spend in 2021 - The New York Times \(nytimes.com\)](#)

[All the happiness money can buy in the winter of covid-19 \(timesunion.com\)](#)

# Finances cont.

- [Financial Advice That Rarely Fits All \(timesunion.com\)](https://www.timesunion.com)
- [Medicare's Choices Have Grown, but Many Americans Don't Review Options - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [Reasons to Sign Up for a Health Savings Account - The New York Times \(nytimes.com\)](https://www.nytimes.com)



# Work from home

- [Managing Up: How to Deal With a Bad Boss During Quarantine - The New York Times \(nytimes.com\)](#)
- [How to Work From Home, if You've Never Done It Before - The New York Times \(nytimes.com\)](#)
- [Job Interviews Without Interviewers, Products of the Pandemic - The New York Times \(nytimes.com\)](#)





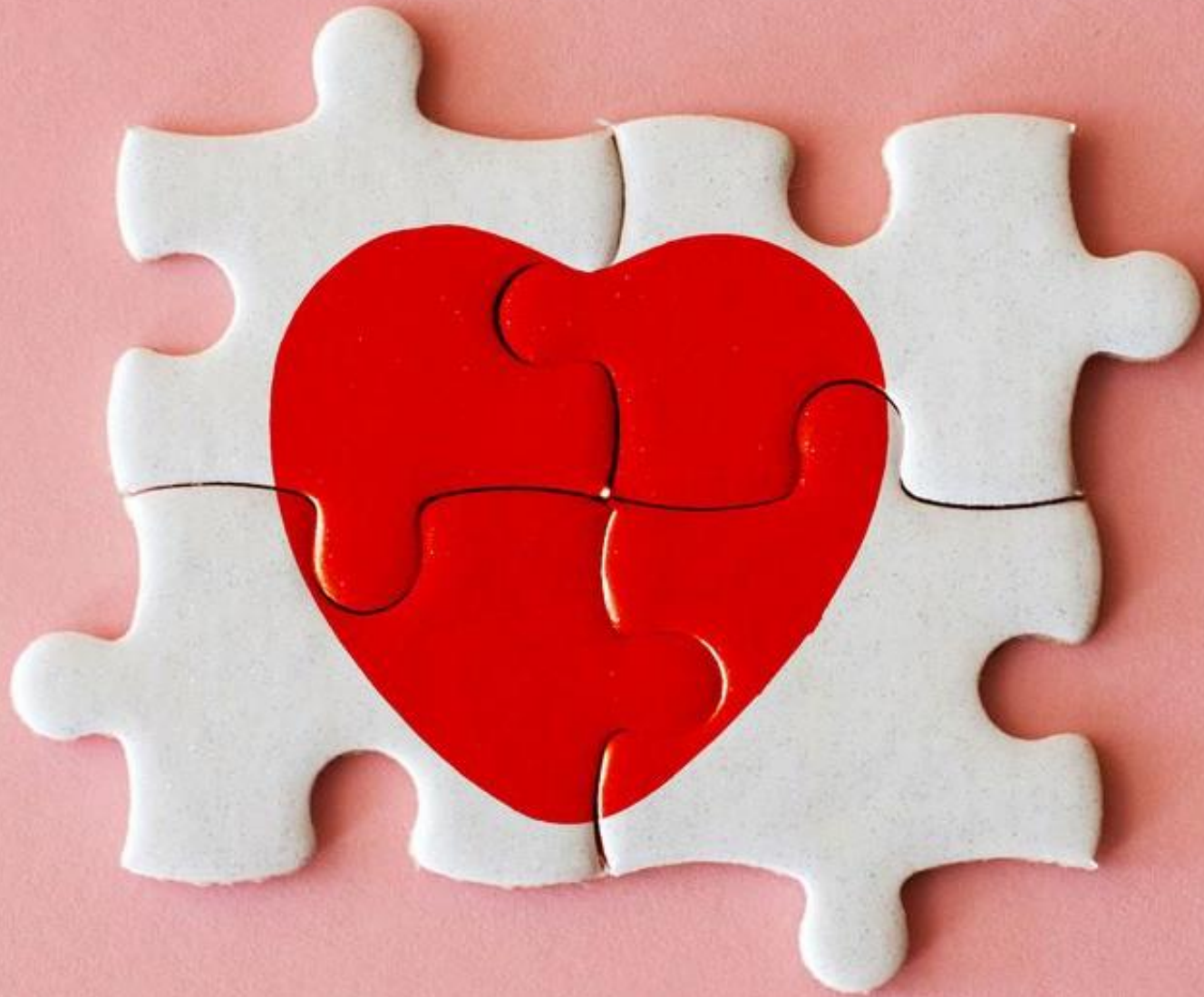
## Work from Home cont.

[How to Network From Home - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/04/08/technology/how-to-network-from-home.html)

[How to Declutter Your Digital Life - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/04/08/technology/how-to-declutter-your-digital-life.html)

[How to Help Someone Who Lost Their Job - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/04/08/technology/how-to-help-someone-who-lost-their-job.html)

[How to Start a New Job During a Pandemic - The New York Times \(nytimes.com\)](https://www.nytimes.com/2020/04/08/technology/how-to-start-a-new-job-during-a-pandemic.html)



## Relationships

[When Can I Be a House Guest Again? - The New York Times \(nytimes.com\)](#)

[How to Get Someone to Apologize - The New York Times \(nytimes.com\)](#)

[Making New Friends During a Pandemic - The New York Times \(nytimes.com\)](#)

# Relationships cont.

- [Embracing pleasures of solo travel \(timesunion.com\)](https://www.timesunion.com)
- [How to Keep Your Pandemic Habits - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [How to Stop Fighting With Your Spouse - The New York Times \(nytimes.com\)](https://www.nytimes.com)
- [How to Move In With Your Parents \(and, Eventually, Move Out\) - The New York Times \(nytimes.com\)](https://www.nytimes.com)

